

Trim line

Inside

Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

NMOSD Specialist: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Immunocompromised:  Y  N

Other Health Conditions: \_\_\_\_\_

Current medicines taking: \_\_\_\_\_

Medicines I cannot take: \_\_\_\_\_

Allergies: \_\_\_\_\_

Other important information: \_\_\_\_\_

1. Ajmera MR, Boscoe A, Mauskopf J, Candrilli SD, Levy M. Evaluation of comorbidities and health care resource use among patients with highly active neuromyelitis optica. *J Neurol Sci.* 2018;384:96-103.

NMOSD is a rare, lifelong autoimmune disease that attacks the central nervous system. Attacks can cause serious symptoms, including but not limited to blindness, paralysis and pain, leading to permanent disability. Quick intervention is imperative in cases of emergency. Please scan the QR code for more information about NMOSD and contact my specialist immediately if this is an emergency.

## I HAVE NEUROMYELITIS OPTICA SPECTRUM DISORDER (NMOSD)

**LEARN MORE  
ABOUT NMOSD:**



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Charitable Foundation

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FOUNDATION